PAY IT FORWARD
A GUIDE TO MONETARY AND NON-MONETARY GIVING

I WANT TO HELP!

I'VE GOT TIME!

Register to volunteer with Volunteer Houston

Volunteer at the Houston Food Bank as a company or as an individual

Call the Red Cross about hosting a blood drive. We are facing a national blood shortage

I'VE GOT MONEY!

Set up a matching donation program to match any donations your employees make

Help the Food Bank by hosting a Food and Fund Raiser

Donate to the Greater Houston Area Artist Relief Fund

Make sure you understand how the CARES act provides benefits for charitable giving

Helping others is GREAT! But make sure you take care of yourself too!